



# Enrollment Application

## 2020 - 2021

**Nursery Campus**  
**Fred Moore Day Nursery School**  
821 Cross Timber Street  
Denton, TX 76205  
Phone: 940-387-8214

Licensing # 33009

**Preschool Campus**  
**Gonzalez School for Young Children**  
1212 Long Road  
Denton, TX 76208  
Phone: 940-369-2340

Licensing # 1545998

### Required Items:

- |  |               |
|--|---------------|
| <input type="checkbox"/> Enrollment Form Completed   | Pages 3 – 5   |
| <input type="checkbox"/> Doctor's Health Statement attached or Signature Completed                                   | Page 2        |
| <input type="checkbox"/> Vaccination information Completed or Attached Separately                                    | Page 6        |
| <input type="checkbox"/> Child Information Sheet   | Pages 7       |
| <input type="checkbox"/> City of Denton Self Certification Completed   | Page 9        |
| <input type="checkbox"/> CACFP Letter  | Page 10       |
| <input type="checkbox"/> CACFP Application Completed   | Pages 11 – 14 |
| <input type="checkbox"/> Infant Feeding Instructions (for all children 12 mos & younger)                             | Pages 15 – 16 |
| <input type="checkbox"/> Handouts & Information for you to keep  | Pages 19 – 26 |
| <input type="checkbox"/> Income Verification Documents (2 pay stubs, tax return, 2 proofs of deposit etc.)           |               |
| <input type="checkbox"/> Enrollment Fee Paid (\$30/Child or \$50 for 2 or more)                                      |               |
| <input type="checkbox"/> Supply Fee Paid (\$25/ school year due by 2 <sup>nd</sup> week of fall semester start date) |               |
| <input type="checkbox"/> Driver's License or Photo ID (for all individuals eligible to pick up children from center) |               |

## Welcome to Fred Moore Day Nursery School

We are so excited to welcome you and your family to our center. We are honored to be chosen to partner with you for your child's educational experience.

Here at Fred Moore Day Nursery School our mission is to serve families in our community by offering comprehensive, affordable and well-balanced care for children in a quality learning center.

Our goals are to provide a warm and nurturing environment that encourages the development of the whole child. We strive to provide an environment that encourages families and teachers to work together as partners to encourage children's independence through decision making and understanding.

We provide TRS Certified, 4-Star quality, care to families at a reduced rate using a sliding scale based on income and household size.

With the ever-changing guidelines facing us this school year, we are committed to keeping you and your family safe through additional training, increased safety and sanitation measures, updated communication methods and significant changes in classroom sizes.

While we normally welcome parents into our centers and hope that you will freely and frequently stop by or participate actively in your child's learning experience. Due to increased safety measures, for the time being we are operating with a closed campus policy. We understand how this can be difficult for our families and we are here to help you and your children navigate the changes in routine and familiarity our families are accustomed to.

This enrollment form ensures we have all the information necessary to meet you and your child's needs, while helping us get to know you and your family and complying with licensing regulations and demographic reporting data. We know this packet can be extensive, so we are here to help with any step of the way.

We will communicate with you set up a time for us to review our Family Handbook with you and to go over your enrollment paperwork prior to your child beginning care.

We are committed to making sure your experience here with us is a positive one, and your children are in a safe, and healthy environment where they can flourish and grow. Please feel free to call us any time with any questions or concerns you may have.

Here at Fred Moore Day Nursery School we believe it takes a village, and we are thankful to be chosen to be a part of yours.

We are happy you are here, and we look forward to getting to know you.

Welcome to our Village,

A handwritten signature in black ink that reads "Kayti Porter". The signature is fluid and cursive, with the first name "Kayti" and last name "Porter" clearly distinguishable.

Kayti Porter  
Executive Director

Fred Moore Day Nursery School  
[www.fmdns.org](http://www.fmdns.org)  
[Executivedirector@fmdns.org](mailto:Executivedirector@fmdns.org)  
Nursery: 940-387-8214  
Gonzalez: 940-369-2340

Operation's Name <b>Fred Moore Day Nursery School</b>		Director's Name <b>Kayti Porter</b>	
Child's Full Name		Child's Date of Birth	Date of Admission
Child's Home Address		City, State	Zip Code
Student Ethnic Identity <input type="radio"/> Hispanic <input type="radio"/> Non-Hispanic	Student Gender <input type="radio"/> Male <input type="radio"/> Female	Student Racial Identity (Check all that Apply) <input type="radio"/> White <input type="radio"/> Black <input type="radio"/> Asian <input type="radio"/> Arab/Middle Eastern <input type="radio"/> American Indian/Alaskan Native <input type="radio"/> Native Hawaiian/Pacific Islander <input type="radio"/> Other:	
Student Primary Language:		Student Disabled? <input type="radio"/> Yes <input type="radio"/> No Special Accommodations:	
Student Lives With (check all that apply): <input type="radio"/> Mom <input type="radio"/> Dad <input type="radio"/> Step-Parent <input type="radio"/> Grandparent <input type="radio"/> Foster Parent <input type="radio"/> Legal Guardian <input type="radio"/> Other:			
Student Primarily Lives in: <input type="radio"/> Single Family Dwelling <input type="radio"/> Multi-Family Dwelling <input type="radio"/> Hotel/Motel <input type="radio"/> Temporary Housing <input type="radio"/> Mobile/RV/Vehicle <input type="radio"/> Homeless <input type="radio"/> Other			
Students Residence is: <input type="radio"/> Owned/Mortgaged <input type="radio"/> Rented/Leased <input type="radio"/> Temporary <input type="radio"/> Other			
Annual Household Income (\$)	Household Size	Check If you receive any of the following: <input type="radio"/> Medicaid <input type="radio"/> Medicare <input type="radio"/> WIC <input type="radio"/> CHIP <input type="radio"/> SNAP <input type="radio"/> TANF <input type="radio"/> SSI/SSDI <input type="radio"/> CCS <input type="radio"/> Unemployment <input type="radio"/> Child Support <input type="radio"/> Agency <input type="radio"/> Other	
<b>Please list contact numbers where you can be reached during times your child is in care:</b>			
Parent/Guardian 1 Name	Daytime Contact Phone	Parent/Guardian 1 Email Address	
Parent/Guardian 1 Highest Level of Education		Parent/Guardian 1 Employer	
Current/Retired Military? <input type="radio"/> Yes <input type="radio"/> No	Disabled? <input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Check if Head of Household	Gender <input type="radio"/> Yes <input type="radio"/> No
Parent/Guardian 2 Name	Daytime Contact Phone	Parent/Guardian 2 Email Address	
Parent/Guardian 2 Highest Level of Education		Parent/Guardian 2 Employer	
Current/Retired Military? <input type="radio"/> Yes <input type="radio"/> No	Disabled? <input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Check if Head of Household	Gender <input type="radio"/> Yes <input type="radio"/> No
Give at least one name, address, and phone number of a responsible individual to call in case of an emergency if parents/ guardian cannot be reached			Relationship
I authorize the childcare operation to release my child to leave the childcare operation ONLY with the following persons. Please list name and telephone number for each. Children will only be released to a parent or guardian or to a person designated by the parent/guardian after verification of ID. <b>*IF NONE, WRITE N/A*</b>			
Name		Phone Number	
Name		Phone Number	
Name		Phone Number	

### Child's Additional Information Section

List any special needs that your child may have, such as environmental allergies, food intolerances, existing illness, previous serious illness, injuries and hospitalizations during the past 12 months, any medication prescribed for long-term continuous use, and any other information which caregivers should be aware of: **\*If none, write none\***

**Does your child take any Regular medication?**

☐ Yes ☐ No

List Names & Dosages:

**Does your child have medically diagnosed food or other allergies?**

☐ Yes ☐ No

List Food & Other Allergies:

Plan Submitted on:        /        /202

**Does your child have any religious or other forms or food restrictions?**

☐ Yes ☐ No

Please list all restricted food items

### Admission Requirement

If your child does not attend pre-kindergarten or school away from the childcare operation, one of the following must be presented when your child is admitted to the childcare operation.

**Check only one option:**

☐ A signed and dated copy of a health care professional's statement is attached.

OR

☐ Health Care Professional's Statement:

I have examined the above-named child within the past year and find that he or she is able to take part in the day care program.

\_\_\_\_\_  
Signature — Health Care Professional

\_\_\_\_\_  
Date Signed

Name of Health Care Professional

Address of Health Care Professional

### Receipt of Written Operational Policies

**(Check All that Apply)** I acknowledge receipt of the facility's operational policies, including those for:

☐ Fred Moore Day Nursery School Parent Handbook  
☐ Discipline and guidance  
☐ Procedures for release of children  
☐ Suspension and expulsion  
☐ Illness and exclusion criteria  
☐ Emergency plans  
☐ Safe sleep  
☐ Meals and food service practices

☐ Procedures for dispensing medications  
☐ Procedures for conducting health checks  
☐ Immunization requirements for children  
☐ Procedures for parents to discuss concerns with the director  
☐ Procedures to visit the center without securing prior approval  
☐ Procedures for parents to participate in operation activities  
☐ Procedures for parents to contact Child Care Licensing (CCL), DFPS, Child Abuse Hotline, and CCL Website

Child day care operations are public accommodations under the Americans with Disabilities Act (ADA), Title III. If you believe that such an operation may be practicing discrimination in violation of Title III, you may call the ADA Information Line at (800) 514-0301 (voice) or (800) 514-0383 (TTY).

### Gang Free Zone

Under the Texas Penal Code, any area within 1,000 feet of a child care center is a gang-free zone, where criminal offenses related to organized criminal activity are subject to harsher penalties.

Parent Signature

Date

**Meals**

I understand that the following meals will be served to my child while in care: (Check for all meals served)

☐ Breakfast    ☐ Lunch    ☐ Afternoon snack

**Days and Times in Care**

My child is normally in care on the following days and from the following times:

Day of the Week	A.M.	P.M.
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

**FMDNS Operating hours are 6:30 am to 6:00 pm Monday through Friday.**

**All Children must be checked in by 9:00 am.**

**Children will not be admitted after 9:00 a.m. except in extenuating circumstances, provided that FMDNS has been notified prior to the child's arrival. A doctor's note or excuse may be accepted after 9:00 am and can be submitted to the office upon arrival.**

☐

**Consent Information**

I give consent for the facility to secure any and all necessary life saving **emergency medical** care for my child.

\_\_\_\_\_  
Signature —Parent / Guardian

\_\_\_\_\_  
Date Signed

**AUTHORIZATION FOR EMERGENCY MEDICAL ATTENTION**

In the event I cannot be reached to consent to emergency medical care, I authorize the person in charge to take my child to:

Name of Physician:	Address:	Phone Number:
Name of Emergency Care Facility:	Address:	Phone Number:

**I give consent for the operation to transport & supervise my child for the following purposes:**

- ☒ By ambulance for emergency care  
☐ By a center employee to the above named locations for emergency care  
☐ On Field Trips (Further field trip consent form required prior to any fieldtrip activities)  
☐ I DO NOT GIVE consent for my child to be transported by the operation's employees.

**Field Trips Participation**

- ☐ I give consent for my child to participate  
☐ I do not give consent for my child to participate

**1. Water Activities**

I give consent for my child to participate in the following water activities:

- ☒ water table play \*required\*    ☐ sprinkler play    ☐ splashing/wading pools

**2. Photos, Videos, Social Media (\*Check ALL that apply\*)**

I give consent for FMDNS to photograph, or video my child for the following purposes:

- ☐ Internal use only    ☐ display in classrooms/hallways    ☐ Directory    ☐ Social Media

☐ I do not give consent for my child to be photo or videographed. \*I acknowledge that some use of photos are required in child files and video footage is constantly being recorded by the use of closed circuit television (CCTV) on premise\*

## Vaccine Information

☐ My Vaccination Records are attached

**CHECK ONE**

or

☐ A Healthcare professional will complete the following (if checked, fill out information below)

	Vaccine Schedule	Dates Received
Hepatitis B	Birth (first dose)	
	1–2 months (second dose)	
	6–18 months (third dose)	
Rotavirus	2 months (first dose)	
	4 months (second dose)	
	6 months (third dose)	
Diphtheria, Tetanus, Pertussis	2 months (first dose)	
	4 months (second dose)	
	6 months (third dose)	
	15–18 months (fourth dose)	
	4–6 years (fifth dose)	
Haemophilus Influenza Type B	2 months (first dose)	
	4 months (second dose)	
	6 months (third dose)	
	12–15 months (fourth dose)	
Pneumococcal	2 months (first dose)	
	4 months (second dose)	
	6 months (third dose)	
	12–15 months (fourth dose)	
Inactivated Poliovirus	2 months (first dose)	
	4 months (second dose)	
	6–18 months (third dose)	
	4–6 years (fourth dose)	
Influenza	Yearly, starting at 6 months. Two doses given at least four weeks apart are recommended for children who are getting the vaccine for the first time and for some other children in this age group.	
Measles, Mumps, Rubella	12–15 months (first dose)	
	4–6 years (second dose)	
Varicella	12–15 months (first dose)	
	4–6 years (second dose)	
Hepatitis A	12–23 months (first dose)	
	The second dose should be given 6 to 18 months after the first dose.	

For additional information regarding immunizations, visit the Texas Department of State Health Services website at [www.dshs.state.tx.us/immunize/public.shtm](http://www.dshs.state.tx.us/immunize/public.shtm).

## Signatures

I as a Parent/Guardian, understand that it is my responsibility to give Fred Moore Day Nursery School any updated information concerning my child's health included but not limited to shot records, health concerns, health conditions and changes in allergy plan if applicable.

I attest the information contained in this form above is true and complete to the best of my ability.

Child's Parent or Legal Guardian Signature	Date Signed

Child Information Sheet		
Does your child feed him/herself?	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> Yes, but needs assistance	
Does your child have any VISION or EYE problems?	<input type="radio"/> No	<input type="radio"/> Yes Describe:
Does your child have any HEARING problems or difficulties?	<input type="radio"/> No	<input type="radio"/> Yes Describe:
Does your child have any SPEECH problems, difficulties or delays?	<input type="radio"/> No	<input type="radio"/> Yes Describe:
Does your child have any medically diagnosed DISABILITIES?	<input type="radio"/> No	<input type="radio"/> Yes Describe:
Do you have any concerns about your child general health, wellbeing, social/emotional development, educational development?	<input type="radio"/> No	<input type="radio"/> Yes Describe:
In the event your child becomes ill in our care, what arrangements can you make?		
In the event your child becomes ill in our care, how should we best assist your child until you arrive?		
Please list any routines that may be helpful for your child's teacher to know. Morning, naptime, pick up, evening Knowing your family routines will help us create consistency between home & the classroom		
Please list any special likes or dislikes your child has, and let your teacher know if there are specific things we can do to help your child's meal time routine go smoothly. If you have any concerns with things like choking, or difficulty in eating, please describe.		
Can your child communicate verbally? If not, how does your child signal wants/needs? How do you help your child communicate with you and others around you?		
How do you redirect your child's unwanted actions or behaviors at home? If your child is doing or saying something you want to change or do not approve of, how do you approach the situation with your child?		
Does your child have any specific fears or experiences we should know? If your child is upset, how do you help them calm down?		
Does your child interact with other children? If so, what are typical ways your child plays or interacts with others? What activities does your child like to do with other children?		
Are there any special family dynamics, rituals, or household significance that we may need to be aware of to better assist you and your children?		
Is there anything specifically you would like your child's teacher to know?		
Does your child have any nap time routines or preferred sleeping position?		
does your child have a special item they prefer to sleep with or use to calm down?		







# SELF-CERTIFICATION INCOME FORM

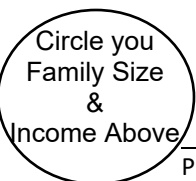
This program is made possible through the support of the **City of Denton Community Development Block Grant (CDBG)** program. CDBG is a federally funded program through the U.S. Department of Housing and Urban Development (HUD), administered by City of Denton and designed to serve low- and moderate-income individuals. To meet the program national objectives, this data needs to be collected and reported to HUD through the City of Denton. This form is utilized as data and is required to ensure compliance with rules and regulations for the use of these funds.

**Directions:** Please **CIRCLE** your family size and yearly income level below. Provide your signature and date below

Qualifying Income Limits for Federally Assisted Programs				
Maximum Income Levels				
Family	Moderate Income	Low Income	Very-Low Income	Extremely-Low Income
Size	80% - 65% AMI	65% - 50% AMI	50% - 30% AMI	≤ 30% AMI
1	\$46,550 - \$37,850	\$37,850 - \$29,100	\$29,100 - \$17,500	\$17,500 - or below
2	\$53,200 - \$43,250	\$43,250 - \$33,250	\$33,250 - \$20,000	\$20,000 - or below
3	\$59,850 - \$48,650	\$48,650 - \$37,400	\$37,400 - \$22,500	\$22,500 - or below
4	\$66,500 - \$54,000	\$54,000 - \$41,550	\$41,550 - \$25,750	\$25,750 - or below
5	\$71,850 - \$58,350	\$58,350 - \$44,900	\$44,900 - \$30,170	\$30,170 - or below
6	\$77,150 - \$62,700	\$62,700 - \$48,200	\$48,200 - \$34,590	\$34,590 - or below
7	\$82,500 - \$67,000	\$67,000 - \$51,550	\$51,550 - \$39,010	\$39,010 - or below
8	\$87,800 - \$71,300	\$71,300 - \$54,850	\$54,850 - \$43,430	\$43,430 - or below

**Source: U. S. Department of Housing and Urban Development - Effective: 04/2019**

**CERTIFICATION:** I certify that I am a resident of the city of Denton and that my family size and annual income level selected above is correct and accurate to the best of my knowledge. I am aware that I may be asked to provide additional documentation to confirm my selections.



PRINT NAME

DATE

SIGNATURE

DATE

Dear Parent/Guardian:

This letter is intended for parents or guardians of children enrolled in a child care center. Fred Moore Day Nursery School offers healthy meals to all enrolled children as part of our participation in the U.S. Department of Agriculture's (USDA) Child and Adult Care Food Program (CACFP). The CACFP provides reimbursements for healthy meals and snacks served to children enrolled in child care. Please help us comply with the requirements of the CACFP by completing the attached Meal Benefit Income Eligibility Form. In addition, by filling out this form, we will be able to determine if your child(ren) qualifies for free or reduced price meals.

1. Do I need to fill out a Meal Benefit Form for each of my children in day care? You may complete and submit one CACFP Meal Benefit Income Eligibility Form for all children enrolled in child care in your household only if the children in child care are enrolled in the same center. We cannot approve a form that is not complete, so be sure to read the instructions carefully and fill out all required information. Return the completed form to:  
Fred Moore Day Nursery School, 821 Cross Timber Street,  
Denton, TX 76205; (940) 387- 8214
2. Who can get free meals without providing income information? Children in households getting Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps), Temporary Assistance for Needy Families (TANF), or Food Distribution Program on Indian Reservations (FDPIR) can get free meals. Foster children (reference question #8 for more information on foster children) and children enrolled in a Head Start Program (HSP), Early Head Start Program (EHSP), or Even Start Program (ESP) and have not entered kindergarten) are also eligible for free meals. Households with children enrolled in a HSP, EHSP or ESP can provide a certification letter from the program of the child's enrollment and do not need to complete the CACFP Meal Benefit Income Eligibility Form.
3. Who can get reduced price meals? Your children can get low cost meals if your household income is within the reduced price limits on the Income Chart, sent with this application. Children in households participating in WIC may be eligible for reduced price meals.
4. May I fill out a form if someone in my household is not a U.S. citizen? Yes. You or your children do not have to be U.S. citizens to qualify for meal benefits offered at the child care center.
5. Who should I include as members of my household? You must include everyone in your household (such as grandparents, other relatives, or friends who live with you) who shares income and expenses. You must include yourself and all children who live with you. You also may include foster children who live with you.
6. How do I report income information and changes in employment status? The income you report must be the total gross income listed by source for each household member received last month. If last month's income does not accurately reflect your circumstances, you may provide a projection of your monthly income. If no significant change has occurred, you may use last month's income as a basis to make this projection. If your household's income is equal to or less than the amounts indicated for your household's size on the attached Income Chart, the center will receive a higher level of reimbursement. Once properly approved for free or reduced price benefits, whether through income or by providing a current SNAP, TANF, FDPIR case number, you will remain eligible for those benefits for 12 months. You should notify us, however, if you or someone in your household becomes unemployed and the loss of income causes your household income to be within the eligibility standards.
7. What if my income is not always the same? List the amount that you normally get. For example, if you normally get \$1000 each month, but you missed some work last month and only got \$900, put down that you get \$1000 per month. If you normally get overtime, include it, but not if you only get it sometimes.
8. What if I have foster children? Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income. Households may include foster children on the Meal Benefit Form, but are not required to include payments received for the foster child as income. Households wishing to apply for such benefits for foster children can provide the Texas Department of Family and Protective Services Form 2085FC, Placement Authorization Foster Care/Residential Care, to their child's caregiver and do not need to complete the CACFP Meal Benefit Income Eligibility Form.
9. We are in the military, do we include our housing and supplemental allowances as income? If your housing is part of the Military Housing Privatization Initiative and you receive the Family Subsistence Supplemental Allowance, do not include these allowances as income. Also, in regard to deployed service members, only that portion of a deployed service member's income made available by them or on their behalf to the household will be counted as income to the household. Combat Pay, including Deployment Extension Incentive Pay (DEIP) is also excluded and will not be counted as income to the household. All other allowances must be included in your gross income.
10. (Pricing program only) Will the information I give be verified? Maybe. We may ask you to send written proof to verify the information you submitted on the form. What if I disagree with the decision about the information I complete on this form?

You can talk to Kayti Porter , either in person or by telephone at 940-387-8214 . You may ask for a hearing by calling or writing to:

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410

In the operation of child feeding programs, no person will be discriminated against because of race, color, national origin, sex, age or disability. If you have other questions or need help, call (877-839-6325)

Sincerely,  
Kayti Porter  
Executive Director

On Behalf of: Child and Adult Food Care Program. [www.squaremeals.org](http://www.squaremeals.org)

**INSTRUCTIONS FOR  
CACFP MEAL BENEFIT INCOME ELIGIBILITY FORM (CHILD CARE)**

Follow these instructions, if your household gets SNAP, TANF or FDPIR:

**Part 1:** List all enrolled children and household members.

**Part 2:** List the eligibility number for any household members (including adults) receiving SNAP or TANF or FDPIR benefits. The SNAP or TANF number must be the 8 or 9 digit EDG# assigned by HHSC.

**Part 3:** Skip this part.

**Part 4:** Skip this part.

**Part 5:** Sign the form. The last four digits of a Social Security Number are **not** necessary.

**Part 6:** Answer this question if you choose.

**Part 7:** Answer this question if you choose.

If you are applying on behalf of a FOSTER CHILD, follow these instructions:

If **all** children you are applying for are foster children, or if you are only applying for benefits for the foster child:

**Part 1:** List all foster children. Check the box indicating that the child is a foster child.

**Part 2:** Skip this part.

**Part 3:** Skip this part.

**Part 4:** Skip this part.

**Part 5:** Sign the form. A Social Security Number is **not** necessary.

**Part 6:** Answer this question if you choose.

**Part 7:** Answer this question if you choose.

If some of the children in the household are foster children.

**Part 1:** List all enrolled children and household members. For any people, including children, with no income, you must check the "No Income Box." Check the box if the child is a foster child.

**Part 2:** If the household does not have an eligibility number, skip this part.

**Part 3: Applies only to parents/guardians of children in Tier II Day Care Homes.** Sponsors must provide the *List of Eligible Federal/State Funded Programs* (H1660), with this form to households with children enrolled in Tier II Day Care Homes. Parents/Guardians can enter the program name and number as applicable.

**Part 4:** Follow these instructions to report total household income from this month or last month.

**Column A – Name:** List only the first and last name of **each** person living in your household who share income and expenses, related or not (such as grandparents, other relatives, or friends who live with you) with income. Include yourself and all children living with you. Attach another sheet of paper if you need to.

**Column B – Gross Income and How Often it was Received:** For each household member, list each type of income received for the month. You must tell us how often the money is received – weekly, every other week, twice a month, or monthly.

**Box 1:** List the **gross income**, not the take-home pay. Gross income is the amount earned before taxes and **other deductions**. **You should be able to find it on your stub or your boss can tell you.**

**Box 2:** List the amount each person got from the month from welfare, child support, alimony. **Box 3:** List retirement, Social Security, Supplemental Security Income (SSI), Veteran's (VA) benefits, disability benefits.

**Box 4:** List ALL OTHER INCOME SOURCES including Worker's Compensation, unemployment, strike benefits, regular contributions from people who do not live in your household, and any other income. For ONLY the self-employed, report income after expenses in Box 1. Box 4 is for your business, farm or rental property. Do not include income from SNAP, TANF, FDPIR, WIC or Federal education benefits. If you are in the Military Housing Privatization Initiative or get combat pay, do not include this housing allowance as income.

**Part 5:** Adult household member must sign the form and list the last four digits of the Social Security Number or mark the box if s/he doesn't have one.

**Part 6:** Answer this question if you choose.

**Part 7:** Answer this question if you choose.

ALL OTHER HOUSEHOLDS, including WIC households, follow these instructions:

**Part 1:** List all enrolled children and household members. For any people, including children, with no income, you must check the “No Income Box.”

**Part 2:** Skip this part.

**Part 3:** Skip this part.

**Part 4:** Follow these instructions to report total household income from this month or last month.

**Column A – Name:** List only the first and last name of each person living in your household who share income and expenses, related or not (such as grandparents, other relatives, or friends who live with you) with income. Include yourself and all children living with you. Attach another sheet of paper if you need to.

**Column B – Gross Income and How Often it was Received:** For each household member, list each type of income received for the month. You must tell us how often the money is received – weekly, every other week, twice a month, or monthly.

**Box 1:** List the gross income, not the take-home pay. Gross income is the amount earned before taxes and other deductions. You should be able to find it on your stub or your boss can tell you.

**Box 2:** List the amount each person got from the month from welfare, child support, alimony. **Box 3:** List retirement, Social Security, Supplemental Security Income (SSI), Veteran’s (VA) benefits, disability benefits.

**Box 4:** List ALL OTHER INCOME SOURCES including Worker’s Compensation, unemployment, strike benefits, regular contributions from people who do not live in your household, and any other income. For ONLY the self-employed, report income after expenses in Box 1. Box 4 is for your business, farm or rental property. Do not include income from SNAP, FDPIR, WIC or Federal education benefits. If you are in the Military Housing Privatization Initiative or get combat pay, do not include this housing allowance as income.

**Part 5:** Adult household member must sign the form and list the last four digits of the Social Security Number or mark the box if s/he doesn’t have one.

**Part 6:** Answer this question if you choose.

**Part 7:** Answer this question if you choose.

**Privacy Act Statement:** This explains how we will use the information you give us.

**Non-discrimination Statement:** This explains what to do if you believe you have been treated unfairly.



## CACFP MEAL BENEFIT INCOME ELIGIBILITY FORM (Child Care)

### Part 1. All Household Members

#### Name of Enrolled Child(ren):

Names of all household members (First, Middle Initial, Last)	CHECK IF A FOSTER CHILD (THE LEGAL RESPONSIBILITY OF A WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5 TO SIGN THIS FORM.	CHECK IF NO INCOME
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>

**Part 2. Benefits:** If any member of your household receives SNAP, TANF, or FDPIR, provide the name and eligibility number for the person who receives benefits. **If no one receives these benefits, skip to part 3.**

NAME: \_\_\_\_\_ ELIGIBILITY NUMBER: \_\_\_\_\_

**Part 3. (Applies only to parents/guardians with children enrolled in a day care home)** If any member of your household receives benefits listed on the enclosed *List of Eligible Federal/State Funded Programs (H1660)*, provide the name of the program and eligibility number: NAME: \_\_\_\_\_ ELIGIBILITY NUMBER: \_\_\_\_\_

Check here if no eligibility number ☐

### Part 4. Total Household Gross Income—You must tell us how much and how often

A. Name (List <b>only</b> household members with income)  (Example) Jane Smith	B. Gross income and how often it was received <b>Note:</b> Self-employed report income after expenses in box 1			
	1. Earnings from work before deductions	2. Welfare, child support, alimony	3. Pensions, retirement, Social Security, SSI, VA benefits	4. All Other Income
	\$200/weekly	\$150/twice a month	\$100/monthly	\$200/bi-monthly
	\$ /	\$ /	\$ /	\$ /
	\$ /	\$ /	\$ /	\$ /
	\$ /	\$ /	\$ /	\$ /
	\$ /	\$ /	\$ /	\$ /
	\$ /	\$ /	\$ /	\$ /

### Part 5. Signature and Last Four Digits of Social Security Number (Adult must sign)

An adult household member must sign this form. **If Part 4 is completed, the adult signing the form must also list the last four digits of his or her Social Security Number or mark the "I do not have a Social Security Number" box.** (See Privacy Act Statement on the next page.)

*I certify that all information on this form is true and that all income is reported. I understand that the center or day care home will get Federal funds based on the information I give. I understand that CACFP officials may verify the information. I understand that if I purposely give false information, the participant receiving meals may lose the meal benefits, and I may be prosecuted.*

Sign here: \_\_\_\_\_ Print name: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Last four digits of Social Security Number: \_ \* \_ \* - \_ \* \_ - \_\_\_\_\_ ☐ I do not have a Social Security Number



## CACFP MEAL BENEFIT INCOME ELIGIBILITY FORM (Child Care)

**Part 6. Participant's ethnic and racial identities (optional)**

Mark one ethnic identity:

- ☐ Hispanic or Latino  
☐ Not Hispanic or Latino

Mark one or more racial identities:

- ☐ Asian ☐ American Indian or Alaska Native  
☐ White ☐ Native Hawaiian or Other Pacific Islander  
☐ Black or African American

**Part 7. Sharing Information With Other Programs: OPTIONAL**

The above information may be disclosed for the purpose of enrolling children in the Children's Health Insurance Program (CHIP). Parents/guardians are not required to consent to such disclosure and electing not to allow disclosure will not adversely affect a child's eligibility.

- ☐ I do elect to allow my household information to be disclosed.  
☐ I do not elect to allow my household information to be disclosed.

**Don't fill out this part. This is for official use only.**

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12

Total Income: \_\_\_\_\_ Per: ☐ Week, ☐ Every 2 Weeks, ☐ Twice A Month, ☐ Month, ☐ Year Household size: \_\_\_\_\_

Categorical Eligibility: \_\_\_\_\_ Date Withdrawn: \_\_\_\_\_ Eligibility: Free \_\_\_\_\_ Reduced \_\_\_\_\_ Denied \_\_\_\_\_ Tier I \_\_\_\_\_ Tier II \_\_\_\_\_

Reason: \_\_\_\_\_

Determining Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Confirming Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Follow-up Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Privacy Act Statement:**

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve the participant for free or reduced price meals. You must include the last four digits of the Social Security Number of the adult household member who signs the application. The Social Security Number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) eligibility number for the participant or other (FDPIR) identifier or when you indicate that the adult household member signing the application does not have a Social Security Number. We will use your information to determine if the participant is eligible for free or reduced price meals, and for administration and enforcement of the Program.

**Non-discrimination Statement:**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
 Office of the Assistant Secretary for Civil Rights  
 1400 Independence Avenue, SW  
 Washington, D.C. 20250-9410;  
 (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

## CACFP INFANT FEEDING PREFERENCE

Dear Parent/Guardian,

This child care provider participates in the Child and Adult Care Food Program (CACFP) and receives USDA reimbursement for serving nutritious meals to infants according to program requirements. Participation in this program requires child care providers to follow specific meal patterns according to the age of the infant.

If your child is exclusively breastfed, child care providers participating in the CACFP can feed your infant the breast milk you supply and meet the meal pattern requirements. Breastfeeding is widely recognized as the best source of nutrition for infants.

The Institute of Medicine and the American Academy of Pediatrics recommend that adults/caregivers, who work with infants and their families, promote and support exclusive breastfeeding for the first six months and continuation of breastfeeding in conjunction with complementary foods for 1 year or more, and the Texas Department of Agriculture (TDA) encourages child care provider's to dedicate a space for mothers to breast feed their infants on site.

Child care providers participating in the CACFP **are required** to offer at least one infant formula for infants who are enrolled for child care. You may decline the infant formula offered, and supply breast milk and/or your own preferred infant formula.

Additionally, when you determine in consultation with your physician that your child is developmentally ready, the child care provider will also be **required** to offer infant cereal and other foods. As with infant formula, you can decline the infant cereal and other foods offered and provide those items to your child care provider. It is important to note that your child care provider will not receive reimbursement for meals that contain more than one parent provided component. Speak to your child care provider to understand what components are required for your infant's meal and the exceptions made for infants with disabilities, so that your infant receives the most nutritious meal possible.

This child care provider offers the following infant formula(s): **Advantage, Iron Fortified Infant Formula**

**It is very important that you indicate your preferences on the form that follows so we can honor the nutrition choices you have made for your family.** Please complete the information below to designate your preference for infant formula, infant cereal and other foods.

Infant's Name \_\_\_\_\_ Infant's Date of Birth \_\_\_\_\_

**Breast milk and/or Formula preference**

Please mark your preference (choose all that apply)	Today's Date _____ Birth through 5 months	Today's Date _____ 6 – 11 months
I will bring expressed breast milk for my infant.		
I want the childcare provider to provide the infant formula it offers for my infant.		
I will bring the infant formula for my infant. Please list the kind of infant formula you will bring:		

**Preference regarding infant cereal and other foods**

Please mark your preference	Today's Date _____ 6 – 11 months
My child is developmentally ready for solid foods. I want the childcare provider to provide the infant cereal and other foods for my infant.	
My child is developmentally ready for solids. I will bring the infant cereal and/or other foods for my infant.	
My child is NOT developmentally ready for solid foods. I will inform the provider when and designate the solid food(s) to be introduced to my infant at that time.	

Parent's (or guardian's) Signature \_\_\_\_\_ Date of Signature \_\_\_\_\_

1. This form must be kept on file for each infant enrolled for child care.
2. This form must be kept current and accurate for each infant enrolled for child care until the infant reaches one year of age.
3. If the parent (or guardian) provides expressed breast milk and the child care provider feeds it to the child, and/or if the mother breast feeds her child on site, the meal may be claimed for reimbursement.
4. If the parent (or guardian) declines the formula and the child care provider provides meal and/or snack components, the meal may be claimed for reimbursement.
5. If the parent (or guardian) declines infant meals/snack, meals and snacks may NOT be claimed for reimbursement.

July 2018



TO BE COMPLETED BY EMPLOYEE:

ENROLLMENT REGISTRATION INFORMATION ENROLLMENT CHECKLIST

Please review the entire Enrollment Registration Information Packet and Family Handbook with each family. Be sure that all forms are filled out completely with appropriate signatures. Review the child’s health record and immunizations for state compliance to ensure the physician has stamped/signed it and has filled in all the necessary dates.

OBTAIN SIGNED FORMS FROM FAMILY

- ☐ Completed Enrollment Registration Information Packet (Staple the copy of the Financial Agreement to the back pages of the Family Handbook)
- ☐ Family Handbook Acknowledgement
- ☐ Other state or federal required forms: Demographic Data Sheet pg. 9, City of Denton pg. 10, CACFP pg 13 – 14.

OBTAIN DOCUMENTS FROM FAMILY MEMBERS

- ☐ Copy of Driver’s License for Payer and any present Authorized Pick-Up Individuals
- ☐ Orientation Signed & Dated

REVIEW WITH FAMILY

- |   |   |
|---|---|
| <input type="checkbox"/> Any photo restrictions | <input type="checkbox"/> Absenteeism policy                                 |
| <input type="checkbox"/> Vacation policy        | <input type="checkbox"/> Infant/Toddler Needs Services Plan (if applicable) |
| <input type="checkbox"/> Special needs          | <input type="checkbox"/> Developmental Milestones                           |

The information above was reviewed with me and all of my questions have been answered to my satisfaction. I have a clear understanding of Fred Moore Day Nursery School’s policies.

Name of Parent/Guardian: \_\_\_\_\_ Relationship: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Director: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Comments/Special Notes regarding children, family or enrollment & instruction:





## Residency Requirements

Financial aid for child care is available to families throughout Texas, although eligibility guidelines may differ depending on where you reside. Workforce Solutions for North Central Texas serves the following counties: Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell and Wise.

If you do not live in one of the counties listed above, go to <http://www.twc.state.tx.us/dirs/wdas/wdamap.html> to find the child care services office for your area or call 2-1-1.

## Work/Training Requirements

Families may be eligible for assistance with child care expenses if you work, or attend an education or vocation training program for a minimum average of 25 hours per week for a single-parent home and 50 hours per week for a two-parent home.

## Income Guidelines

In addition to working or being in training, the family's gross monthly income must be less than that shown below.

Family Size	Gross Monthly Income
2	\$3,607
3	\$4,456
4	\$5,305
5	\$6,154
6	\$7,003
7	\$7,162
8	\$7,321
9	\$7,480

### Child Care Services

1-800-234-9306 (toll free)  
 940-382-6712 (local)  
 940-323-4394 (fax)  
 940-320-5017 (fax)  
 940-320-5010 (fax)

Mailing Address:  
 P.O. Box 130  
 Denton, TX 76202

Physical Address:  
 1300 Teasley Lane  
 Denton, TX 76205

To Apply in person, go to physical address on Teasley Lane

To Apply Online, go to: <https://dfwjobs.com/child-care/guidelines-to-apply-for-child-care-services>

If you meet eligibility guidelines, you will be contacted via U.S. postal mail within 30 days.

# Early Childhood Services (ECI)



**TEXAS**  
Health and Human  
Services

*Early Childhood  
Intervention*

Early Childhood Intervention (ECI) provides services to families with children (birth to 36 months) who may have developmental delays and disabilities in these 12 counties: Denton, Ellis, Erath, Hood, Johnson, Navarro, Palo Pinto, Parker, Somervell, Tarrant, Wise and now Cooke County.

## We can help you with:

- Audiology/Hearing
- Assistive Technology
- Behavioral Intervention
- Case Management
- Counseling
- Family Education
- Health Services
- Infant Massage
- Nursing
- Nutrition and Feeding
- Occupational Therapy
- Physical Therapy
- Social Work
- Specialized Skills Training
- Speech & Language Therapy
- Transition to Services Beyond ECI
- Translation/Interpretation

Call ECI for an evaluation or more information

1-888-754-0524  
817-446-8000

Services are provided in places familiar to the child: where they live, learn and play, such as the home, childcare or community setting.

## More About ECI

### Our Mission

To assure that families of young children with developmental delays have the resources and support they need to reach their goals.

### WHAT IS A DEVELOPMENTAL DELAY?

A developmental delay is when a child is behind schedule reaching early childhood milestones. These significant lags may occur in one or more areas of growth: emotional, mental or physical.

Types of delays:

- Communication – speech and language
- Cognitive – thinking and learning
- Motor - movement
- Social/emotional – relationships, interactions
- Self-help – feeding, dressing

REMEMBER: Children develop at their own pace. However, if you are concerned that your child may have some delays, early intervention is the best way to help them. Call ECI for an evaluation. If you are eligible, ECI will determine your need and recommend services. Fees are based on a sliding scale.

## Eligibility

To receive services through Early Childhood Intervention, you must be eligible\* in the following ways:

- Live in one of these counties:
  - Denton
  - Ellis
  - Erath
  - Hood
  - Johnson
  - Navarro
  - Palo Pinto
  - Parker
  - Somervell
  - Tarrant
  - Wise
- Have a medically diagnosed condition that will probably result in a developmental delay ([see brochure below](#))
- Have a developmental delay or difficulty with these skills:
  - Communication – language or speech
  - Cognitive – thinking, learning, playing, reasoning
  - Motor – physical development
    - Gross motor, such as using large muscles, to sit up, crawl, walk
    - Fine motor, such as using small muscles, to grab small objects
    - Oral motor, such as using the mouth, to suck, chew
  - Social/emotional – curious, enjoys playtime, interacts with others
  - Self-help – Taking care of own needs (eating, drinking, washing hands, potty training)
- Have an auditory or visual impairment, determined by local school district certified staff.

# Join Texas WIC

## We're here for you

"Thanks to WIC,  
I now have the tools  
I need to make  
sure my family  
stays on the path to  
a healthy lifestyle."

—Roxie, WIC Client

### As a WIC Client, you'll get:

- Delicious food
- One-on-one counseling with nutritionists
- Easy recipes
- Nutrition classes
- Breastfeeding support
- Health and immunization screenings
- Cooking demonstrations
- Personalized support
- Children's activities

### Are you eligible?

Eight million women, infants, and children get WIC benefits. WIC is for pregnant women, new parents, infants, and children under five. If you are on Medicaid, TANF, or SNAP you already qualify.

### Texas WIC Income Guidelines

Number of people in the home*	Bi-Weekly Income	Annual Income
2	\$ 0 up to \$1,204	\$ 31,284
3	\$ 1,518	\$ 39,461
4	\$ 1,833	\$ 47,638
5	\$ 2,147	\$ 55,815
6	\$ 2,462	\$ 63,992

Effective June 1, 2019

\* A pregnant woman's household is increased by the number of infants she is expecting. If you have any income questions, call 1-800-942-3678.

**Start now. Call 1-800-942-3678 or visit [TexasWIC.org](https://www.texaswic.org)**



This institution is an equal opportunity provider.

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# Ven a WIC de Texas

## Estamos aquí para servirte

“Gracias a WIC, ahora tengo las herramientas que necesito para asegurar que mi familia siga el camino hacia un estilo de vida saludable.”

—Roxie, cliente de WIC

### Como cliente de WIC, recibirás:

- Alimentos deliciosos
- Asesoramiento individualizado con nutricionistas
- Recetas sencillas de preparar
- Clases sobre nutrición
- Apoyo para la lactancia
- Evaluaciones médicas y sobre las vacunas
- Demostraciones de cocina
- Apoyo personalizado
- Actividades para niños

### ¿Calificas?

Ocho millones de mujeres, bebés y niños reciben beneficios de WIC. El Programa WIC va dirigido a mujeres embarazadas, nuevos padres, bebés y niños menores de cinco años. Si ya recibes Medicaid, TANF o SNAP, es posible que califiques.

### Requisitos de ingresos de WIC de Texas

Número de personas en el hogar*	Ingresos quincenales	Ingresos anuales
2	De \$ 0 a \$ 1,204	\$ 31,284
3	\$ 1,518	\$ 39,461
4	\$ 1,833	\$ 47,638
5	\$ 2,147	\$ 55,815
6	\$ 2,462	\$ 62,992

Vigente a partir del 1 de junio de 2019

\* El número de personas en el hogar de una mujer embarazada aumenta de acuerdo con el número de bebés que espera. Si tienes alguna pregunta relacionada con los ingresos, llama al 1-800-942-3678.

**Empieza hoy mismo. Llama al 1-800-942-3678 o visita [TexasWIC.org](http://TexasWIC.org)**



TEXAS  
Health and Human  
Services



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United States Department of Agriculture



## The Special Supplemental Nutrition Program for Women, Infants and Children (WIC Program)



**WIC**

**Since 1974**  
The Foundation of  
Healthy Families

**What is WIC?** WIC was established as a permanent program in 1974 to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk. This mission is carried out by providing nutritious foods to supplement diets, nutrition education (including breastfeeding promotion and support), and referrals to health and other social services. Find out more: <http://www.fns.usda.gov/wic/about-wic-wic-glance>

### Where is WIC available?

The program is available in all 50 States, 34 Indian Tribal Organizations, American Samoa, District of Columbia, Guam, Commonwealth of the Northern Mariana Islands, Puerto Rico, and the Virgin Islands. While funded through grants from the Federal Government, WIC is administered by 90 State agencies, with services provided at a variety of clinic locations including, but not limited to, county health departments, hospitals, schools, and Indian Health Service facilities. To find the WIC offices serving your area go to: <http://www.fns.usda.gov/wic/contacts>

### What food benefits do WIC participants receive?

The foods provided through the WIC Program are designed to supplement participants' diets with specific nutrients. WIC authorized foods include infant cereal, baby foods, iron-fortified adult cereal, fruits and vegetables, vitamin C-rich fruit or vegetable juice, eggs, milk, cheese, yogurt, soy-based beverages, tofu, peanut butter, dried and canned beans/peas, canned fish, whole wheat bread and other whole-grain options. For infants of women who do not fully breastfeed, WIC provides iron-fortified infant formula. Spe-

cial infant formulas and medical foods may also be provided if medically indicated. Learn more about food benefits here: <http://www.fns.usda.gov/wic/wic-food-packages>

### Program benefits include more than food.

WIC benefits are not limited only to food. Participants have access to a number of resources, including health screening, nutrition and breastfeeding counseling, immunization screening and referral, substance abuse referral, and more. Find out more: <http://www.fns.usda.gov/wic/wic-benefits-and-services>

### Am I eligible?

Pregnant, postpartum, and breastfeeding women, infants, and children up to age 5 who meet certain requirements are eligible. These requirements include income eligibility and State residency. Additionally, the applicant must be individually determined to be at "nutrition risk" by a health professional or a trained health official. To find out if you might be income eligible for WIC benefits go to: <http://wic.fns.usda.gov/wps/pages/start.jsf>



## How WIC Helps

WIC supplemental foods have shown to provide wide ranging benefits. They include longer, safer pregnancies, with fewer premature births and infant deaths; improved dietary outcomes for infants and children; improved maternal health; and improved performance at school, among others. In addition to health benefits, WIC participants showed significant savings in healthcare costs when compared to non-participants. Learn more about how WIC helps:

<http://www.fns.usda.gov/wic/about-wic-how-wic-helps>

## What is “nutrition risk” and why is it important?

Two major types of nutrition risk are recognized for WIC eligibility: medically-based risks such as anemia, underweight, history of pregnancy complications, or poor pregnancy outcomes; and dietary risks, such as inappropriate nutrition/feeding practices or failure to meet the current Dietary Guidelines for Americans. Women, infants, and children at nutrition risk have much greater risk of experiencing health problems. Learn more about nutrition risk:

<http://www.fns.usda.gov/wic/wic-eligibility-requirements>

## I’m eligible, what do I do next?

Those who are interested in applying for benefits should contact their State agency to request information on where to schedule an appointment. Applicants will be advised on what to bring to the appointment in order to verify eligibility. Contact your State agency here:

<http://www.fns.usda.gov/wic/contacts/>

## EBT makes it easier to use food benefits.

In most WIC State agencies, participants receive paper checks or vouchers to purchase food, while a few distribute food through centralized warehouses or deliver the foods to participants’ homes. However, all WIC State agencies have been mandated to implement WIC electronic benefit transfer (EBT) statewide by October 1, 2020. EBT uses a magnetic stripe or smart card, similar to a credit card, that participants use in the check-out lane to redeem their food benefits. EBT provides a safer, easier, and more efficient grocery experience and provides greater flexibility in the way WIC participants can shop. Find out more and check if your State supports EBT:

<http://www.fns.usda.gov/wic/wic-electronic-benefits-transfer-ebt>

## Focus on breastfeeding.

Even though breast milk is the most nutritious and complete source of food for infants, nationally less than 30% of infants are breastfed at 1 year of age. A major goal of the WIC Program is to improve the nutritional status of infants; therefore, WIC mothers are encouraged to breastfeed their infants, unless medically contraindicated. Pregnant women and new WIC mothers are provided breastfeeding educational materials and support through counseling and guidance. Explore the benefits of breastfeeding and find helpful resources here:

<http://www.fns.usda.gov/wic/breastfeeding-promotion-and-support-wic>

## WIC Facts

- If you participate in another assistance program you may be automatically income-eligible for WIC.
- Breastfeeding mothers are eligible to participate in WIC longer than non-breastfeeding mothers.
- More than half of the infants in the U.S. participate in WIC.
- WIC participants support the local economy through their purchases.
- WIC works with farmers markets to help increase participant access to provide fresh, locally grown fruits and vegetables. Find out more here:

<http://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program-fmnp>

## Where can I learn more?

Information on FNS programs is available at [www.fns.usda.gov/fns/](http://www.fns.usda.gov/fns/)





# Building for the Future

This child care receives Federal cash assistance to serve healthy meals to your children. Good nutrition today means a stronger tomorrow!

Meals served here must meet nutrition requirements established by USDA's Child and Adult Care Food Program

## Questions? Concerns?

Call USDA at  
**1-866-873-2263**

Food and Nutrition at  
**1-800-TELL-TDA**  
(835-5832)

OR

**Your child care at**

Fraud Hotline: 1-866-5-FRAUD or 1-866-537-2834  
P.O. Box 12847 Austin TX 78711  
[www.SquareMeals.org](http://www.SquareMeals.org)  
USDA is an equal opportunity provider and employer.



Food and Nutrition Division | Child and Adult Care Food Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 12/2018



# Construyendo Para El Futuro

Este guardería infantil recibe asistencia monetaria del gobierno federal para server comidas nutritivas a sus niños. ¡Buena nutrición hoy significa un mañana más saludable!

Comidas servidas aquí deben de seguir los requisitos nutricionales establecidos por el programa "Child and Adult Care Food Program" del Departamento de Agricultura de los Estados Unidos (USDA por sus siglas en inglés).

## ¿Preguntas? ¿Inquietudes?

Llame gratuitamente a USDA al  
**1-866-873-2263**

Alimentación y Nutrición al  
**1-800-TELL-TDA**  
(835-5832)

OR

## Centro de cuidado de niños de su hijo al

Línea para reportar un fraude: 1-866-5-FRAUD or 1-866-537-2834  
P.O. Box 12847 Austin TX 78711  
[www.SquareMeals.org](http://www.SquareMeals.org)

USDA es un proveedor y empleador que ofrece oportunidad igual para todos.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

Food and Nutrition Division | Child and Adult Care Food Program Este producto fue financiado por el USDA. Esta institución proporciona igualdad de oportunidades.



Actualizado 12/2018

# *Building for the Future*

This child care receives  
Federal cash assistance to  
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Good nutrition today means  
a stronger tomorrow!

Meals served here must meet  
nutrition requirements established by USDA's  
**Child and Adult Care Food Program.**

Questions? Concerns?

Call USDA toll free: **1-866-USDA CND**  
**(1-866-873-2263)**

Visit USDA's website: **[www.fns.usda.gov/cnd](http://www.fns.usda.gov/cnd)**



United States Department of Agriculture  
Food and Nutrition Service  
FNS-317  
June 2000  
Revised June 2001

# *Construyendo Para El Futuro*

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Llame gratuitamente a USDA al: **1-866-USDA CND**  
**(1-866-873-2263)**

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